



An Invitation to attend a Free Public Lecture – The OCD Ireland Lecture Series for 2009-2010

Time for each talk:	7.00 - 8.30pm
Location:	Main Lecture Theatre/Hall of St. Patrick's Hospital

- Date:* Wednesday, September 16th, 2009
Topic: **An Introduction to Cognitive Behavioural Therapy (CBT) for the Treatment of Obsessive Compulsive Disorder**
By: Yvonne Tone, Trinity Student Counsellor, Cognitive Behavioral Therapist
- Date:* Wednesday, October 21st, 2009
Topic: **An Introduction and Overview of OCD - A Psychiatric Perspective**
By: Dr. Jim Lucey, Consultant Psychiatrist and Medical Director, St. Patrick's Hospital
- Date:* Wednesday, November 25th, 2009
Topic: **OCD in Children and Adolescents**
By: Gary O'Reilly, Clinical Psychologist, Senior Lecturer in UCD and he is also the deputy director of the Doctoral Programme in Clinical Psychology
- Date:* Wednesday, December 2nd, 2009
Topic: **OCD, BDD and Trich/TTM and the Family**
By: Dr Michael McDonough, Consultant Psychiatrist and Cognitive Behavioral Therapist at St. Patrick's Hospital
- Date:* Wednesday, January 20th, 2010
Topic: **An Overview of Trichotillomania (TTM/Trich)**
By: Leslie Shoemaker, Counselling Psychologist
- Date:* Wednesday, February 17th, 2010
Topic: **An Overview of Body Dysmorphic Disorder (BDD)**
By: Fionnula MacLiam, Cognitive Behavioral Therapist
- Date:* Wednesday, March 24th, 2010

Topic: An Overview of Health Anxiety: Part of the OCD Spectrum of Disorders

By: Colette Kearns, Senior Cognitive Behavioral Therapist at St. Patrick's Hospital

Date: Wednesday, April 21st, 2009

Topic: An Introduction to Mindfulness and its application to Obsessive Compulsive Disorder (OCD), Body Dysmorphic Disorder (BDD) and Trichotillomania (TTM/Trich)

By: Debbie Van Tonder, St. Patrick's Hospital Anxiety Program Coordinator (Acting) and Aisling Curtin, BA, Dip. Coun., MSc, Adv. Dip in MBCBTs (Candidate), Counselling Psychologist, Mindfulness-based Cognitive Therapist

Date: Wednesday, May 19th, 2009

Topic: An Introduction to Cognitive Behavioral Therapy (CBT) for the Treatment of Body Dysmorphic Disorder (BDD) and Trichotillomania (TTM/Trich)

By: Fionnula MacLiam, Cognitive Behavioral Therapist

Further Details:

Location: St. Patrick's Hospital, James Street, Dublin 2

Car Park: Parking is available in St. Patrick's Hospital.

LUAS: The Luas runs every 5 minutes on the Tallaght Line and it will bring you straight to St. Patrick's Hospital (get off at Heuston Station).

Bus: 123 | [206](#) | [51B](#) | [51N](#) | [69N](#) | [78A](#) | Go to James Street and from there it is a 5-10 minute walk.

Please visit our website at www.ocdireland.org for further information about this lecture series as well as for details and meeting calendars regarding our support groups which are mainly held at St. Patrick's Hospital. Currently there is a twice a month group for people with OCD, a monthly group for TTM/Trich and a monthly group for BDD as well the monthly group for family, friends and carers.

These events have been approved for **CPD credits** for members of the **PSI**. Each lecture is entitled to receive 1 CPD.

**** The St. Patrick's Information Centre and Bookstore is open until 7 pm on Wednesdays. They have many good books available that pertain to these subjects.**