



Body Dysmorphic Disorder Support Group

- **Body Dysmorphic Disorder** is a disorder in which the affected person is excessively concerned and preoccupied by a perceived defect in his or her physical features. It is commonly known as BDD.

- Many of us with BDD complain of several specific features or a single feature, or a vague feature or general appearance, causing distress that impairs occupational and/or social functioning. Research shows that about 1-2% of the population may be affected by BDD. **You are not alone.**

- **OCD Ireland** has started a group to offer support/ information in *confidential* surroundings to people who may have **Body Dysmorphic Disorder**.

- The support group is for adult Body Dysmorphic Disorder sufferers **only** and/or individuals who have concerns that they may be suffering from BDD.

Where: St. Patrick's Hospital, Room B (Ask at main reception), James Street, Dublin 2.

Time: 7.30 pm – 9.00 pm

How Often: The group meets once every month on the last Tuesday (calendar is on the *OCDIreland.org* site).

LUAS Information: The Luas runs every 5-8 minutes on the Tallaght Line and it will bring you straight to St. Patrick's Hospital (get off at Heuston Station).

Bus information:

123 | [206](#) | [51B](#) | [51N](#) | [69N](#) | [78A](#) | To James Street and from there 5-10 minute walk.

Please visit our website at www.ocdireland.org for further information